

CONSTANCIA

ENTRADAS – STARTERS

- ❖ **Empanadas**(de Carne) £2.95 each
.....(de Espinaca, Queso y Cebolla) £2.65 each
Argentinean Style Pasties (Beef or Spinach, Cheese & Onion)

- ❖ **Provoleta con Chimichurri** £5.50
Grilled Provolone Cheese with Chimichurri

- ❖ **Jamón Serrano** £5.00
Serrano Ham from Flavours of Spain

- ❖ **Presa de Cerdo Iberico (140gr.) con Salsa Criolla** £9.00
5oz. Iberico Pork Shoulder Loin served with “Criolla” sauce

- ❖ **Chorizo Argentinean Style Sausage**..... £3.50 each
Morcilla Black Pudding.....£3.20 each

- ❖ **Choripan** £4.50
Chorizo Sandwich with red pepper & “Chimichurri” sauce

- ❖ **Picadita (Mix de Aceitunas, Pepinitos y Cebollitas + Papas Fritas y Castañas de Caju)** £4.75
Olive Cocktail Mix, Cajun Nuts & Crisps

- ❖ **Picada “Coty” (Salames y Queso Italiano, Castañas de Caju, Aceitunas y Papitas para compartir entre dos o mas)** £14.50
Italian Salami and Cheese Platter with Olives, Cajun Nuts & Crisps (to share between two or more)

“If you suffer any food allergy, please let us know in advance”

Our prices include VAT at 20%
A discretionary service charge of 12.5% will be added to your bill

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🌿 PLATOS PRINCIPALES – MAIN COURSES 🌿

- ❖ **Bife de Chorizo Argentino (390gr) £21.00**
14oz. Prime Argentine Sirloin Steak

- ❖ **Medallón de Lomo Argentino (280gr) £23.95**
10oz. Prime Argentine Fillet Steak

- ❖ **Ojo de Bife Argentino (310gr) £18.50**
11oz. Prime Argentine Rib-Eye

- ❖ **Preso de Cerdo Iberico (280gr) £17.60**
10oz. Prime Iberico Pork Shoulder Loin

- ❖ **Churrasco Argentino (224gr) £12.80**
8oz. Prime Argentine Sirloin Steak

- ❖ **Chorizos Criollos £9.00**
Two Argentine Style Sausages

🌿 PARRILLADAS – BRAZIERS 🌿

- ❖ **Parrillada Constancia (mínimo 2 personas) £25.00 p.person**
Bife de Chorizo – Ojo de Bife - 2 Chorizos - Morcilla - Provoleta
Special Grill Selection (minimum two people) with 14oz prime Argentine Sirloin Steak - 11oz prime Argentine Rib-Eye Steak - two Argentine Style Pork Sausages - Black Pudding - Provolone Cheese with oregano

- ❖ **Parrillada Mixta (mínimo 2 personas) £20.00 p.person**
Selección de Carne Argentina - Hongos c/pesto - Provoleta - Chorizo - Morcilla
Mixed Grill Selection (minimum two people) with Argentine Sirloin - Portobello Mushrooms with pesto - Provolone Cheese with Oregano - Argentine Style Pork Sausage - Black Pudding

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🌿 VEGETARIANOS - VEGETARIAN DISHES 🌿

- ❖ **Berenjena Grillada con Tomate, Mozzarella y Parmesano** £11.75
Grilled Aubergine with Tomato, Mozzarella & Parmesan Cheese
- ❖ **Hongos a la Parrilla con Pesto** £8.25
Grilled Portobello Mushrooms with Pesto.

🌿 GUARNICIONES - SIDE ORDERS 🌿

½ PORTIONS ARE NOW AVAILABLE

- ❖ **Criolla** £4.25 / (½) £2.75
Lettuce, Tomato & Onion Salad
- ❖ **Tomate y Cebolla** £4.25 / (½) £2.75
Tomato & Onion Salad
- ❖ **Zanahoria, Nueces y Pasas** £4.50 / (½) £2.95
Carrot, Walnuts & Raisins
- ❖ **Ensalada Verde** £4.25 / (½) £2.75
Green Salad
- ❖ **Rúcula y Ajo** £4.75
Rocket & Garlic Salad
- ❖ **Espinaca, Hongos y Parmesano** £4.95
Spinach, Closed Cup Mushrooms & Parmesan Cheese Salad
- ❖ **Papas Fritas** £4.25 / (½) £2.75
Chips
- ❖ **Papas Fritas a la Provenzal** £4.75 / (½) £3.25
Chips with Garlic & Parsley
- ❖ **Papas Criollas** £3.50
Small Potatoes with skin, prepared with some onion, rocket & salt

🌿 OTRAS GUARNICIONES - OTHER SIDES 🌿

- ❖ **Hongo con pesto** £4.00
Portobello Mushroom w/ pesto
- ❖ **Morron asado c/ ajo** £3.50
Grilled red pepper w /garlic
- ❖ **Cebolla Asada con Pimienta Negra** £2.00
Roasted Onion w/ Black Pepper
- ❖ **Salsa Criolla** £2.00
Criolla Sauce (Tomato, Onion, Peppers, Vinager, Olive Oil & Salt)

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POSTRES - DESSERTS

- ❖ **Cheesecake del día (Dulce de Leche o Chocolate o Frutos del Bosque) £5.50**
Cheesecake of the day (can either be Milk Toffee or Chocolate or Fruits of the Forest)

- ❖ **Flan Casero con Crema o Dulce de Leche (o Mixto:-) £4.95**
Home made Crème Caramel with Cream or Milk Toffee (or Both:-)

- ❖ **Helados Artesanales (Chocolate, Vainilla, Dulce de Leche, o Frutilla) £5.00**
Artisan made Ice-Creams (Chocolate, Vanilla, Milk Toffee, Strawberry)

- ❖ **Don Pedro £7.00**
Vanilla Ice-Cream with Whisky, Chocolate and Walnuts

- ❖ **Anglo-Argentino**
Brownie con Helado de Vainilla, Dulce de Leche, y Chocolate £5.75
Chocolate Brownie w/ Vanilla Ice Cream, Milk Toffee, and chocolate

- ❖ **Zapallo en Almibar c/crema £5.50**
Pumpkin in Syrup with cream

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